

Department of Community and Therapeutic Recreation
Recreational Therapy Concentration
Student Schedule

Freshman Year:

Fall	Spring
CTR 101 (MAC H&W, MAC #1)	3
MAC #2	3
MAC #3	3
MAC #4	3
MAC #5	3
Total Credit Hours	15
	Total Credit Hours 15

Sophomore Year

Fall	Spring
MAC #9	3
MAC #10	3
CTR 214	3
CTR 231 (Fall only)	3
PSY 121	3
Total Credit Hours	15
	Total Credit Hours 14

Summer Session

HEA 113 (3)	Total Credit Hours	3
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Junior Year

Fall	Spring
CTR 342 or 348 or 423 or Elective*	3
CTR 415 (Fall only)	3
CTR 439 (Fall only)	3
BIO 271 with lab or KIN 291 with lab ** (requires C- or better in BIO 111)	4
Total Credit Hours	13
	Total Credit Hours

* RT students must take 342, 348, 423, 429, or 444

** Alternatively, students may take BIO 163 or BIO 168 at a community college or BIOL 361 at NC A&T, in which case 4 additional credits will need to be added to your plan

Summer Session

CTR 315 (Summer Only) (3)	and	Elective (3)
(must have GPA of 2.0 or better) (20 hr/wk for minimum of 6 weeks, total 120 hours)		
Total Credit Hours 6		

Senior Year

Fall	Spring
CTR 252-01	1
CTR 416 (Fall only)	3
CTR 437 (Fall only)	3
Select 1 (see list on back)	3
PSY 341 (requires C- or better in PSY 121)	3
Total Credit Hours	13
	Total Credit Hours 12

MAC List: Foundations, WC, OC, QR, HW, CTI-HFA, **CTI-SBS**, **CTI-NS**, GE/IL, CC, NS DA

Minimum Credit Hours to graduate = 120

Select 1 Options

Select two of the following:

- CED 274 - Stress Management
- CED 392 - Love, Sex, and Relationships: Skills for Building Satisfying, Healthy Relationships
- CTR 342 - Recreation Area and Facility Development
- CTR 348 – Evaluation Methods in Recreation
- GRO 201 - Envisioning Your Old Age
- HDF 112 - Families and Close Relationships
- HDF 201 – Development of School Age Children
- HDF 202 - Infant and Child Development
- HDF 203 - Adolescent Development: From Puberty to Young Adulthood
- HDF 204 - Adult Development
- HDF 221 – Issues in Parenting
- HDF 330 – Family Diversity
- HEA 201 – Personal Health
- HEA 260 – Human Sexuality
- HEA 310 – Mental Health and Well-Being
- HEA 338 – Safety and First Aid (CPA included)
- HEA 470 – Adolescent Health
- KIN 217 – Introduction to the Teaching of Physical Education
- KIN 387 – Motor Development
- KIN 479 – Exercise and Older Adults (JR standing or permission of instructor)
- NTR 213 – Introduction to Nutrition
- PHI 301 – Topics in Philosophy: Death and Dying
- PSY 240 – Principles of Learning (requires C- or better in PSY 121)
- PSY 280 – Cognitive Psychology (requires C- or better in PSY 121)
- PSY 375 – Psychology of Aging (Prerequisite PSY 121)
- SES 101/ASL 101 - American Sign Language I
- SES 200 - People with Disabilities in American Society
- SES 440 - Introduction to Exceptional Individuals
- SOC 222 - Sociology of Deviant Behavior
- SOC 323 – Deviance and Social Control