

Department of Community and Therapeutic Recreation  
**Recreational Therapy Concentration**  
 Student Schedule

**Freshman Year:**

Fall		Spring	
CTR 101 (MAC H&W, MAC #1)	<b>3</b>	CTR 102 or 103	<b>3</b>
MAC #2	<b>3</b>	CTR 212 (Spring only)	<b>3</b>
MAC #3	<b>3</b>	MAC #6	<b>3</b>
MAC #4	<b>3</b>	MAC #7	<b>3</b>
MAC #5	<b>3</b>	HDF 111 (MAC CTI SBS, MAC #8)	<b>3</b>
<b>Total Credit Hours 15</b>		<b>Total Credit Hours 15</b>	

**Sophomore Year**

Fall		Spring	
MAC #9	<b>3</b>	CTR 213 (Spring only)	<b>4</b>
MAC #10	<b>3</b>	CTR 235 (Spring only)	<b>3</b>
CTR 214	<b>3</b>	BIO 111 with lab (MAC CTI-NS, MAC #11)	<b>4</b>
CTR 231 (Fall only)	<b>3</b>	CTR 338 (Spring only)	<b>3</b>
PSY 121	<b>3</b>		
<b>Total Credit Hours 15</b>		<b>Total Credit Hours 14</b>	

**Summer Session**

HEA 113 (3)	<b>Total Credit Hours 3</b>
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**Junior Year**

Fall		Spring	
CTR 342 or 348 or 423 or Elective*	<b>3</b>	CTR 251-01	<b>1</b>
CTR 415 (Fall only)	<b>3</b>	CTR 429 or 444 or Elective*	<b>3</b>
CTR 439 (Fall only)	<b>3</b>	CTR 433 (Spring only)	<b>3</b>
BIO 271 with lab or KIN 291 with lab ** (requires C- or better in BIO 111)	<b>4</b>	CED 310	<b>3</b>
		BIO 277 with lab or KIN 292 with lab ** (requires C- or better in BIO 111)	<b>4</b>
<b>Total Credit Hours 13</b>		<b>Total Credit Hours 14</b>	

\* RT students must take 342, 348, 423, 429, or 444

\*\* Alternatively, students may take BIO 163 or BIO 168 at a community college or BIOL 361 at NC A&T, in which case 4 additional credits will need to be added to your plan

**Summer Session**

CTR 315 (Summer Only) (3)	<b>and</b>	Elective (3)
(must have GPA of 2.0 or better) (20 hr/wk for minimum of 6 weeks, total 120 hours)		
<b>Total Credit Hours 6</b>		

**Senior Year**

Fall		Spring	
CTR 252-01	<b>1</b>	CTR 417 (40 hr/wk for min of 14 consecutive weeks for a total of 560 hrs)	
CTR 416 (Fall only)	<b>3</b>	*Must have a GPA of 2.0 or better	
CTR 437 (Fall only)	<b>3</b>	*Must be supervised by a Licensed Recreation Therapist [LRT] (only in NC) and Certified Therapeutic Recreation Specialist (CTRS) who has been certified/licensed for at least 1 year	
Select 1 (see list on back)	<b>3</b>		
PSY 341 (requires C- or better in PSY 121)	<b>3</b>		
<b>Total Credit Hours 13</b>		<b>Total Credit Hours 12</b>	

MAC List: Foundations, WC, OC, QR, ~~HW~~, CTI-HFA, ~~CTI-SBS~~, ~~CTI-NS~~, GE/IL, CC, NS DA

Minimum Credit Hours to graduate = 120

## Select 1 Options

Select two of the following:

- CED 274 - Stress Management
- CED 392 - Love, Sex, and Relationships: Skills for Building Satisfying, Healthy Relationships
- CTR 342 - Recreation Area and Facility Development
- CTR 348 – Evaluation Methods in Recreation
- GRO 201 - Envisioning Your Old Age
- HDF 112 - Families and Close Relationships
- HDF 201 – Development of School Age Children
- HDF 202 - Infant and Child Development
- HDF 203 - Adolescent Development: From Puberty to Young Adulthood
- HDF 204 - Adult Development
- HDF 221 – Issues in Parenting
- HDF 330 – Family Diversity
- HEA 201 – Personal Health
- HEA 260 – Human Sexuality
- HEA 310 – Mental Health and Well-Being
- HEA 338 – Safety and First Aid (CPA included)
- HEA 470 – Adolescent Health
- KIN 217 – Introduction to the Teaching of Physical Education
- KIN 387 – Motor Development
- KIN 479 – Exercise and Older Adults (JR standing or permission of instructor)
- NTR 213 – Introduction to Nutrition
- PHI 301 – Topics in Philosophy: Death and Dying
- PSY 240 – Principles of Learning (requires C- or better in PSY 121)
- PSY 280 – Cognitive Psychology (requires C- or better in PSY 121)
- PSY 375 – Psychology of Aging (Prerequisite PSY 121)
- SES 101/ASL 101 - American Sign Language I
- SES 200 - People with Disabilities in American Society
- SES 440 - Introduction to Exceptional Individuals
- SOC 222 - Sociology of Deviant Behavior
- SOC 323 – Deviance and Social Control