

Department of Community and Therapeutic Recreation
Therapeutic Recreation Concentration
 Student Schedule

Freshman Year:

Fall		Spring	
MAC #1	3	MAC #5	3
MAC #2	3	MAC #6	3
MAC #3	3	CTR 212 (Spring only)	3
MAC #4	3	HDF 111 (built-in MAC: CTI-SBS)	3
CTR 111 (Fall only)	3	Elective	3
Total Credit Hours 15		Total Credit Hours 15	

Sophomore Year

Fall		Spring	
CTR 231 (Fall only)	3	CTR 213 (Spring only)	4
MAC #7	3	CTR 235 (Spring only)	3
MAC #8	3	BIO 111 with lab (built-in MAC: CTI-NS)	4
PSY 121	3	Additional WC from MAC list	3
MAC #9	3		
Total Credit Hours 15		Total Credit Hours 14	

Summer Session

HEA 113 (3)	Total Credit Hours 3
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Junior Year

Fall		Spring	
CTR 314	3	CTR 251 (Spring only)	1
CTR 439 (Fall only)	3	CTR 338 (Spring only)	3
CTR 415 (Fall only)	3	BIO 277 with lab or KIN 292 with lab **	4
BIO 271 with lab or KIN 291 with lab **	4	CED 310	3
		TR Rule #1 (see list on back)	3
Total Credit Hours 13		Total Credit Hours 14	

** Alternatively, students may take BIO 163 at a community college or BIOL 361 at NC A&T, in which case 4 additional credits will need to be added to your plan

Summer Session

CTR 315 (Summer Only) (3)	and	Elective (3)	Total Credit Hours 6
(20 hr/wk for minimum of 6 weeks for a total of 120 hours)			

Senior Year

Fall		Spring	
CTR 252 (Fall only)	1	CTR 417 (40 hr/wk for min of 14 consecutive weeks for a total of 560 hrs)	
CTR 433 (Fall only)	3	*Must be supervised by a Licensed Recreation Therapist [LRT] (only in NC) and Certified Therapeutic Recreation Specialist (CTRS) who has been certified/licensed for at least 1 year	
CTR 416 (Fall only)	3	* Should be completed in a clinical setting.	
CTR 437 (Fall only)	3		
PSY 341	3		
Total Credit Hours 13		Total Credit Hours 12	

MAC List: Foundations, WC, OC, QR, HW, CTI-HFA, ~~CTI-SBS~~, ~~CTI-NS~~, GE/IL, DE, DA&I

Minimum Credit Hours to graduate = 120

TR Rule Options

Select two of the following:

- CED 574 - Contemporary Topics in Counseling (Stress Management)
- CTR 342 - Recreation Area and Facility Development
- GRO 201 - Envisioning Your Old Age
- HDF 112 - Families and Close Relationships
- HDF 202 - Infant and Child Development
- HDF 203 - Adolescent Development: From Puberty to Young Adulthood
- HDF 204 - Adult Development
- KIN 376 - Biomechanics of Sport and Physical Activity (Prerequisite KIN 291 or BIO 271)
- KIN 386 - Motor Control and Learning
- KIN 479 – Exercise and Older Adults
- PHI 301 – Topics in Philosophy: Death and Dying
- PSY 444 - Changing Behavior in Real World Settings (Prerequisite PSY 240)
- PSY 470 - Psychological Disorders of Children (Prerequisite PSY 275)
- SES 101/ASL 101 - American Sign Language I
- SES 200 - People with Disabilities in American Society
- SES 440 - Introduction to Exceptional Individuals
- SOC 222 - Sociology of Deviant Behavior
- SOC 323 - Global Deviance